



CAFE : LOUNGE : SHOP

COMMUNITY SPACE

SECRET GARDEN

ART EXHIBITIONS

The OLD SAW MILL
BACK RIVER STREET
CONGLETON
CW12 1HJ

Tel: 07834 525 165 (Stewart)
07971 805 372 (Peter)

eMail: info@congletoncommunityco-op.org

@ the HEART of the Community

WELCOME

WE ARE OPEN !!!!!

A very warm welcome to our latest edition of our eMill magazine which, hopefully, you will find informative.

Our third week of opening the cafe and coffee lounge and, yes, another exciting week at The Old Saw Mill. We are developing a great regular clientele into the cafe and, hopefully, that means that our food is up to their high standard and the warm welcome entices them to visit. Some popular items on our menu include boiled eggs with soldiers as well as our soup. We are working on a lot of vegetarian options for our Specials Board and the “oven” special this week was sultana scones, made by our very own volunteer, Lindsay. We have, also, got some Parsnip cake made, especially, by Kirsty.

Once again, our sincere thanks go out to Wendy (our Tesco Community Champion), Kirsty, Yvonne, Pete, and Lindsay – our amazing volunteers for this week. We are indebted to them for all their suggestions and hard work.

We have taken our first “take-away” orders also from businesses close by and look forward to serving our local business community more in the future.

Tai Chi started this week and has, already proven to be popular. Yoga and Zumba commence this week so see our diary of events for further details on how you can participate.

Due to a couple of technical issues, we have had to defer our Murder Mystery evening until after the New Year. Our thanks to all those who purchased tickets and we look forward to welcoming you in the New Year.

Our Christmas Day luncheon for those who are socially isolated for whatever reason on that day gathers momentum. We have, already, built up a great team of volunteers who are willing to give up some of their Christmas Day to help those who are lonely. For further details of what is promised to be a great social occasion, please contact us directly and put your name down. For those who know of anyone who will be on their own at Christmas PLEASE let us know. We, even, have drivers willing to pick them up and drop them off.

Once again, we have been processing cider and, particularly, after we stripped an orchard of 30 cider apple trees. We have NOT stopped receiving apples so PLEASE ensure you deliver those late harvest apples to us at the Astbury Mere Visitors Centre, The Old Saw Mill, or London Road Ale House in Stoke-on-Trent. Our thanks to Dewi and Pete who have got themselves wet through the processing phase. Not sure what their wives must think !!!!!

We attended a stall at Rode Hall Market on Sat. (05 Nov.) and it was a great success despite being very cold. Our award-winning Congleton Apple Juice and Ciders are proving to be very popular far and wide.

For all those budding artists out there, please contact Anna Morrison for the opportunity to display your work in our first Art Exhibition “*First Autumn*” which starts Fri. 18 Nov. 2016. There has, already, been some interest in this Exhibition and we would ask you read ‘Forthcoming Events’ later in this eMill Magazine for contact details for Anna.

@ the HEART of the Community

Our **POP Pilates** classes grow in numbers, including the Sat. a.m. class for the early risers. You can contact Emily on 07877 257 826 for further details.

Discover Pilates is proving to be very popular. Contact Alison on 07775 938 532 for further details.

Tai Chi classes commenced on 01 Nov. 2016, 10:00-11:00am. For further details, contact Jennifer on 07972 287 757.

Madison's Yoga starts on Tue. 08 Nov. 2016, 12:00-1:00pm. To join in this class and for further details, contact Maddy on 07476 053 453

Zumba classes start on Wed. 09 Nov. 2016, 7:00-8:00pm. For further details, contact Zoe on 07983 505 647.

If you wish to book the community space in the Board Room, Cafe Area or our **Theatre of the Mind**, contact us for rates and for securing your booking for meetings, classes, groups, parties, etc. Watch this space and our Facebook Page – **@congletoncommunitycoop** – for further details as they are booked.

Should you have any thoughts, comments, or articles which you would like to be considered for inclusion in your eMagazine, please do not hesitate to contact us and we shall do our very best to ensure maximum exposure. We have, already, been approached by the Police for a series of articles which, we are certain, will make for interesting reading.

We thank, most sincerely, those organisations who have provided us with grants which, without, we would never have got this far and, although, not complete with on-going work to be done, we are opening our doors to the community.

Peter & Stewart – the Boys @ the Co-Op

THIS PERIOD @ The OLD SAW MILL



- **Yes, We are OPEN !!!!! From 9:00am each week day and Saturday.**

@ the HEART of the Community

WHAT is REQUIRED @ The OLD SAW MILL

- Have you got a fridge/freezer you wish to get rid of but still in working order ? Please let us know and we shall, gladly, give it a good home.
- We are calling out for *Volunteers* to join our vibrant team to cook and serve in our Community Cafe as well as our themed evenings.
- *Has anyone got a tea service they are no longer using ?* We would like to serve our tea in proper cups.
- We are looking for small tea pots and cafetieres and would welcome any in order for us to serve our valued patronage with the proper things.

OUR SHOP

Our shop is now open for business offering local products. Our product range will develop as we become more established.

Award-Winning Congleton Apple Juice
Free-Range Eggs

£3.50 per bottle
£1.00 per half a dozen

And a variety of goodies from our cafe

OUR CAFE
Opening Hours: 9:00am to 4:00pm

To Drink:

Teas: Breakfast, Earl Grey, Rooibos, Herb & Fruit	£1.00
Coffees: Ground, Instant, and/or De-Caf	£1.50
Milky Coffee	£2.00
Hot Chocolate	£1.50
Congleton Apple Juice: by the Glass	£1.50
Milk: by the Glass	£1.00

To Eat:

Porridge, sweet or savoury	£2.00
Muesli, our own mix	£2.00
Bacon Bap	£2.00
Bacon & Egg Bap	£2.50
Eggs to Choice – Fried, Scrambled, boiled with soldiers, or Poached	from £1.00
Beans or Cheese on Toast	£1.50
All-Day Breakfast	£3.50

Soup & Roll, Flavours, call for our Specials of the Day	£3.00
Soup & Sarnie, Flavours, call for our Specials of the Day	£4.00
Sandwiches: Fillings, call for our Specials of the Day	from £3.00
Jacket Potatoes & Fillings. Call for our Specials of the Day	£3.00
Quiche of the Day & Salad	£4.00
Omelette (with various Fillings) & Salad	£4.00

Cakes + “Out of the Oven”

Toasted Tea Cake, buttered	£1.00
Scone, Jam, and Cream (Clotted or Fresh)	£1.50
Crumpet, or Muffin, buttered	£1.00
Fruit Cake	£1.50
Apple Cake	£1.50
Apple Crumble, Cream, Ice Cream, or Custard	£2.00
“Out of the Oven”. Call for our Choice of the Day	from £1.50

We have a Take-Away Service.

Why not ‘phone through your luncheon order ? - 07834 525 165

WHAT'S ON @ The OLD SAW MILL

NOVEMBER 2016

Theatre of the Mind

07 Nov., 1:15-2:15pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

07 Nov., 7:00-8:00pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

08 Nov., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

08 Nov., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

09 Nov., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

09 Nov., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

12 Nov., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

14 Nov., 1:15-2:15pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

14 Nov., 7:00-8:00pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

14 Nov., 9:30am-4:00pm – Emergency First Aid @ Work Event, CVSCE

15 Nov., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

15 Nov., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

16 Nov., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

16 Nov., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

19 Nov., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

21 Nov., 1:15-2:15pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

21 Nov., 7:00-8:00pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

22 Nov., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

22 Nov., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

23 Nov., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

23 Nov., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

26 Nov., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

28 Nov., 1:15-2:15pm – Discover Pilates Class. Contact Alison on 07775 938 532 for further details

29 Nov., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

29 Nov., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

30 Nov., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

30 Nov., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

Board Room

07 Nov., 10:00-12:00am – Congleton Sustainability Group (C.S.G.) Meeting

07 Nov., 1:30-4:30pm – U3A - S.A.M.P. Meeting

21 Nov., 1:30-4:30pm – U3A - S.A.M.P. Meeting

Rode Hall Farmer's Market

Congleton Choral Society are holding their next concert "Messiah" at the Town Hall on 12 Nov. 2016. There are posters around and tickets can be purchased from T.I.C. PLEASE support this excellent Society in their concert.

DECEMBER 2016

Theatre of the Mind

03 Dec., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

05 Dec., 10:00-12:00am – Congleton Sustainability Group (C.S.G.) Meeting

06 Dec., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

06 Dec., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

07 Dec., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

07 Dec., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

10 Dec., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

13 Dec., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

13 Dec., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

14 Dec., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

14 Dec., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

17 Dec., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

20 Dec., 10:00-11:00am – Tai Chi. Contact Jennifer on 07972 287 757 for further details.

20 Dec., 12:00-1:00pm – Madison's Yoga. Contact Maddy on 07476 053 453 for further details.

21 Dec., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

21 Dec., 7:00-8:00pm – Zumba Class. Contact Zoe on 07983 505 647 for further details.

24 Dec., 8:00-8:30am – POP Pilates Class. Contact Emily on 07877 257 826 for further details

25 Dec., 12:00-4:00pm – **Christmas Luncheon**

28 Dec., 6:15-6:45pm – POP Pilates Class. Contact Emily on 07877 257 826 for further details

Board Room

05 Dec., 10:00-12:00am – Congleton Sustainability Group (C.S.G.) Meeting

05 Dec., 1:30-4:30pm – U3A - S.A.M.P. Meeting

19 Dec., 1:30-4:30pm – U3A - S.A.M.P. Meeting

- If you would like to book any of our Community Space, please do not hesitate to contact us as soon as possible.
- ***GlenScott presents***
Are you looking for a DJ, Compere, M.C., Facilitator? Our in-house event planner, ***GlenScott presents*** is, always, available to discuss your individual requirements and desires for your function or event, business or personal. Please do not hesitate to contact Stewart on 07834 525 165 and he will assist wherever he can to make your function/event a great success. We can arrange your special occasion, e.g. engagement, wedding, birthday party, anniversary, etc.
- There are various forthcoming events which we shall be advertising through this mode of communication as well as our Facebook Page – Congleton Community Co-Op.

FORTHCOMING EVENTS @ The OLD SAW MILL

- Watch this Space for our Egyptian Experience.
- Are you alone this Christmas ? Why not join us in what will be an afternoon full of fun and enjoyment. Contact us for further details.
- Calling Artists
We now have an art exhibitions programme in place. Our first Art Exhibition “First Autumn” will run from Fri. 18 Nov. until the beginning of Jan. 2017. Maximum entry of two pieces of work. All proceeds from the exhibition will go to equipping the OSM with display areas suitable for ceramics, jewellery and 3D work for further exhibitions. At the moment, we can only display wall-mounted work. To enter your work for ”First Autumn ” please contact annamorrison0@gmail.com for an application form/enquiries.
- Life – Drawing classes
- Anna is aiming to create a relaxed and informal group to start these sessions in the new year. Although life drawing experience isn’t necessary please note there will be no one-to-one tutoring so some drawing experience is needed. There will be plenty of opportunities for the group to get together and discuss work.
Costs will cover the hire of “Theatre of the Mind” studio and payment to the model only. Individual costs will be dependent on the number in the group.
Anyone interested in life drawing sessions please contact annamorrison0@gmail.com
- Life Drawing models
We are looking for male and female models for Life Drawing classes. No experience is necessary. Must be 18 or over. They will be two-hour sessions. Morning/afternoon/evening sessions tbc starting in Jan. 2017. All enquiries to annamorrison0@gmail.com
- Congleton Debating Society – To Be Advised
- Film Club – To Be Advised
- And much, much, more

ACKNOWLEDGEMENTS

GRANTS

Cheshire East Community Grant
Congleton for Congleton – C4C
Congleton Inclosure Trust
Congleton Partnership
Congleton Sustainability Group
Congleton Town Trust
William Dean Trust

Our VOLUNTEERS

Andrew Astbury, Tiler
Wendy J. Cotterill, Tesco Congleton Community Champion
Chris Edwards
Lindsay Kelly
Anna Morrison
Lyndon Murgatroyd
Susan Patterson
Jean Phillips
Yvonne Phillips
Alex Pinto
Patrick Pinto
Patti Pinto – Our Secret Gardener
Peter Ranson
Our Work Experience Students from Congleton High School – Charla & Ryan
Ian Wilson

ITEMS CONTRIBUTED

Airbags International, Commercial Kitchen, Chairs, etc.
Mike Ansell
Gordon Baxendale
Dee
Flowcrete, Floor Paint
Barry Fox
Margaret Gartside
Elaine Hammond
Ian Hesketh
John @ Mico Computers Ltd.
Berwyn Jones, I.T.
Lindsay Kelly
Amanda Martin
Mary
Julia Short
Mike Smith

Mike Taylor & family
Anne Wardleworth
Heather Watson
Whittaker & Biggs Auction Rooms
Glen Williams

Our ADVISERS

Mohamed Abou Sheaisha, Local Business Manager, Santander
Lisa Alcock, Cheshire East Community Hub Franchise
Linda Aston, our Shopper
Mike Clark, Fire Risk Assessment
David, our very own Quality Controller
John Davies, Company Formation
Rob Davies, Circle Insurance
Wayne Doyle, BoJangles
Alison Gabbott, Crime Reduction
Amie Gillett, Police Community Support
Jackie MacArthur / Mike Smith, Town Matters
Anna Morrison, Planning
The Pointon Family, Lease & Property collaboration.
Gill Tarrant, The Wishing Well, Crewe
Mike Taylor & Barry Fox – CRG (Carbon Reduction Group), To Reduce our Carbon Footprint
Glen Williams

Our LOCAL PROFESSIONAL PARTNERS

Congleton High School Print Room
Coopers Removals
GlenScott Presents
MWB Electrical Services
The Handy Cabin
Rob Whitehurst Joinery Services
Santander
Tesco Congleton

And that ALL-IMPORTANT CAKE & PIES & ELDERFLOWER JUICE

Dee
Susan Patterson
Jean Phillips
Yvonne Phillips