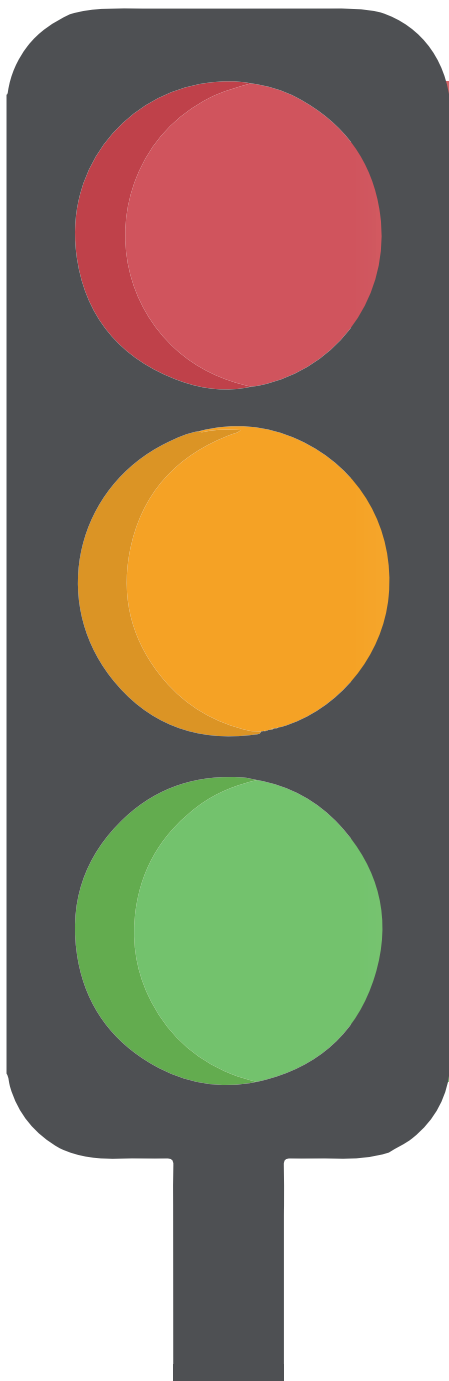


# ANGER

FOLLOW THE TRAFFIC LIGHT BELOW TO HELP WORK THROUGH YOUR ANGER AND CALM DOWN BEFORE RESOLVING THE ISSUE.



WHAT ARE YOUR ANGER TRIGGERS?

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WHAT COULD YOU DO TO CALM DOWN?

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HOW COULD YOU RESOLVE THE PROBLEM?

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