



EYFS - Medium Term Planning - PE - Autumn 1

Locomotion (Learning Through Play & **Walking**)



Essential Knowledge & End Points

Pupils will explore ways of playing and using different types of equipment. Pupils will learn how to play safely and move into a variety of spaces. Pupils will use their imagination explore different ways of moving and using the equipment. Pupils will use their concentration skills to understand the instructions.

Pupils will develop their ability to walk and move into space, change direction and keep away from the defenders. Pupils will develop an understanding of why we move into space as they explore moving and walking.

Key Vocabulary

Play, sharing, safe, take turns, fairness, travel, partner, speed, roll, push, throw, kick.

Defender, change of direction, space, speed, walking, marching, tag.

	Knowledge	As Athletes, we will...
Session 1:	To explore walking.	<ul style="list-style-type: none"> Use our imagination as we explore using different pieces of equipment, on our own and with a partner. Start to understand why we need to play with equipment safely. Understand why we have to use the equipment safely. Work with and encourage partners.
Session 2:	To begin to walk efficiently.	<ul style="list-style-type: none"> Explore how we walk using our head, arms and feet, applying an effective walking technique. Will identify space and move into it leading our partner and avoid others. Adjust our speed and change direction to avoid other pupils. Listen to others ideas and travel with confidence.
Session 3:	To explore walking in different pathways and to explore relationships with others.	<ul style="list-style-type: none"> Develop walking at different levels and at different speeds. Adjust our speed and change direction to avoid other pupils. Listen to others ideas and travel with confidence.
Session 4:	<p>To explore different ways of playing with equipment.</p> <p>To experience sustained walking following a route and instructions.</p>	<ul style="list-style-type: none"> Use our imagination as we explore using different pieces of equipment, on our own and with a partner. Start to understand why we need to play with equipment safely. Understand why we have to use the equipment safely. Work with and encourage partners. Will understand what happens to our bodies as we exercise. Complete a fitness circuit made up of jumps, walks, marches, hops and jogs.
Session 5:	<p>To continue to explore different ways of playing with equipment safely, with a partner.</p> <p>To apply pupils' learning about walking developing into marching.</p>	<ul style="list-style-type: none"> Start to learn why we need to take turns and share when playing with a partner. Work with and encourage partners. Push/roll/throw/kick an object with our dominant hand/foot. Use our imagination as we play with the equipment. March using the correct technique (moving in either a rhythmic or a route-step time). March on the spot, march moving around the space and change direction whilst marching.
Session 6:	<p>To continue to play with a partner, using their imagination to create new games.</p> <p>To apply their understanding of walking, applying it into a game</p>	<ul style="list-style-type: none"> Develop our understanding of why we need to take turns when playing together. Take turns learning to play and share ideas with different partners. Explore using the equipment in a variety of ways with a partner and explore using a range of equipment. Be brave and play with new partners. Walk applying the correct technique. avoiding the monster traps (still defenders). Walk into space avoiding the mud monsters (moving defenders). Adjust their speed and change direction to avoid being tagged or walking over the mud monsters (defenders). Play by the rules and travel with confidence.



Year 1 - Medium Term Planning - PE - Autumn 1

Locomotion (Jumping & Running)



Prior Learning Links

Pupils have developed their ability to jump and land safely. Pupils know to adjust their speed and change direction as they jump in order to avoid the defenders. Pupils have explored their curiosity as they tried jumping in a variety of different ways

EYFS Walking unit - Pupils have developed their ability to walk and move into space, change direction and keep away from the defenders. Pupils have an understanding of why we move into space as they explore moving and walking.

Essential Knowledge & End Points

Pupils will apply the correct technique for jumping and explore skipping. Pupils will develop their jumping skills and jump into spaces to avoid the defenders. Pupils will understand why, when and where we jump in a game with developing focus and concentration on the correct jumping technique.

Pupils will be able to run applying the correct technique to ensure maximum speed. Pupils will run and stay in a space avoiding the defenders. Pupils will demonstrate a growing understanding of where to run, why to run there and when and why running fast is important in games.

Key Vocabulary

Jumping, distance, space, attacker, defender, skipping, landing.

Attacker, defender, space, speed, acceleration, tagging, tagged.

	Knowledge	As Athletes, we will...
Session 1:	<p>To recap jumping, in different directions, at different speeds and different levels. To begin to understand the different reasons when, where and why we jump in different ways.</p> <p>To explore running using different body parts and different techniques and begin to understand how to run efficiently.</p>	<ul style="list-style-type: none"> Recall our knowledge of jumping high, far, backwards, sideways, forwards, on one foot and on two feet. Jump, hop and leap using the correct technique (using arms, bending knees and keeping our head up). Identify space and jump or hop into it, progressing into avoiding being tagged. Explore using the correct technique for running (Pumping arms, running on the balls of their feet, keeping their head up) and understand why this is the correct technique. Identify space and move into it following a partner. Develop our running technique through competing against ourselves.
Session 2:	<p>To begin to develop their understanding of how to jump efficiently. To recap how we jump applying the most effective technique using our head, arms and feet.</p> <p>To develop their running technique applying it into a game and develop their understanding of where we need to run and why.</p>	<ul style="list-style-type: none"> Continue to jump, hop and leap applying the correct technique (using arms, bending knees and keeping our head up). Understand why we may need to jump as far as possible. Understand why we may need to jump quickly in a game. Explore using the correct technique for running and understand why this is the correct technique. Identify space and move into it applying the correct running technique. Move around the space keeping away from the defenders and understand the consequences of not doing this in games.
Session 3:	<p>To explore how jumping affects our bodies and apply their jumping skills during a circuit.</p> <p>To apply knowledge of how to run and where to run, while exploring running at different speeds.</p>	<ul style="list-style-type: none"> Continue to jump, hop and leap applying the correct technique (using arms, bending knees and keeping our head up). Use a variety of hops, leaps and jumps in a circuit progressing into a competition against ourselves achieving bronze, silver or gold level. Discuss how our heart rate links to our effort level and understand why we need a healthy heart. Run using the correct technique for running and understand why this is the correct technique. Avoid being caught by the defenders by accelerating into space. Act as defenders by using speed and acceleration to catch attackers.
Session 4:	<p>To explore the skill of skipping.</p> <p>To apply the correct technique of running as fast as we can in a racing context.</p>	<ul style="list-style-type: none"> Skip using the correct technique (using our arms, bending knees, keeping our head up, using our toes and with a smooth step-hop action). Skip using different pathways and skip to avoid obstacles. Run using the correct technique for running and understand why this is the correct technique. Understand why we need to accelerate in a game and in races. Use speed to catch attackers and escape from defenders.

		<ul style="list-style-type: none"> • Compete in conditioned races to explore running starting positions. 	
Session 5:	<p>To apply our understanding of jumping and skipping into a game.</p> <p>To apply pupils understanding and application of running over a longer duration and as part of a team.</p>	<ul style="list-style-type: none"> • Skip using the correct technique (using our arms, bending knees, keeping our head up, using our toes and with a smooth step-hop action). • Jump, hop and leap using the correct technique (using arms, bending knees and keeping our head up). • Identify space and skip/jump into it avoiding obstacles. • Run using the correct technique for running in team races. • Understand why they need to work as a team when running. • Learn the correct method to pass a baton in a relay. 	
Session 6:	<p>To bring together the suggested sequence of learning into a level 1 tournament. To apply their knowledge of jumping into competitions.</p> <p>To apply their understanding of running, applying it into a competitive game and begin to understand the basic principles of attack and defence. To develop their understanding of what the consequences could be in a game if we do not run and avoid the defender.</p>	<ul style="list-style-type: none"> • Use the correct technique when trying to jump as far as possible scoring points for jumping different distances. • In teams, use the correct technique when trying to jump as fast as possible. • Keep score of points and total them to find a winner. • Run using the correct technique for running. • As attackers, avoid being caught by the defenders and act as defenders using speed and acceleration to catch attackers. • Apply our understanding of running in a competitive game to score points. 	Assessment opportunity



Year 2 - Medium Term Planning - PE - Autumn 1

Locomotion - Jumping & Dodging



Prior Learning Links

Pupils have applied the correct technique for jumping and explore skipping. Pupils have developed their jumping skills and jump into spaces to avoid the defenders. Pupils understand why, when and where we jump in a game with developing focus and concentration on the correct jumping technique.

Year 1 Running unit – Pupil can run applying the correct technique to ensure maximum speed and have explored acceleration. Pupils can run and stay in a space avoiding the defenders.

Essential Knowledge & End Points

Pupils will consistently apply the correct technique for jumping. Pupils will accurately apply their jumping skills in combination and within games. Pupils will demonstrate a strong understanding of why, when and where we jump in a game and apply imagination and creativity to their jumping.

Pupils will be able to dodge, applying the correct technique to ensure maximum efficiency. Pupils will run, dodge and stay in a space avoiding the defenders. Pupils will demonstrate a strong understanding of how, where and why to dodge and apply this understanding in game situations.

Key Vocabulary

Jumping, distance, space, attacker, defender, speed, landing.

Attacker, defender, space, dodge, tag, tagging, run.

	Knowledge	As Athletes, we will...
Session 1:	<p>To consolidate pupils jumping and to apply an effective jumping technique in a variety of games. To understand how to apply the correct technique for jumping, skipping and hopping in games.</p> <p>To explore dodging and learn how to dodge effectively.</p>	<ul style="list-style-type: none"> • Jump, hop and leap using the correct technique (using arms, bending knees and keeping our head up) when playing games. • Understand why it is important to use the correct technique for jumping, hopping and skipping. • Run and dodge with effective technique (Dodge = Head up with a low body position, bending our knees, planting one foot on the floor, leaning our body to one side and then moving the other way quickly) • Dodge and keep away from a partner and move around the space keeping away from the defenders. • Understand the consequence in a game of moving too close to the defenders.
Session 2:	<p>To consolidate pupils knowledge of how, where and why we jump in a game.</p> <p>To develop pupils' dodging technique applying this into games and develop an understanding of why it is important in to dodge in games.</p>	<ul style="list-style-type: none"> • Move around the space keeping away from obstacles (defenders). • Understand the consequence in a game of moving too close to the defenders. • Score points for avoiding defenders. • Apply the correct technique when running and dodging. • Identify space moving into it to avoid being tagged. • As attackers, dodge the defenders to avoid being tagged. • Understand the consequence in a game of moving close to the defenders.
Session 3:	<p>To apply pupils' knowledge of how to jump and how to jump in combination, into their own ideas for linking jumps.</p> <p>To apply pupils' knowledge of how, where and why to dodge, into game situations. To learn the importance of dodging when we are attacking and start to understand when we attack and when we defend.</p>	<ul style="list-style-type: none"> • Jump, hop and leap using the correct technique (using arms, bending knees and keeping our head up) when playing games. • Link two jumps together, jump in different directions, jump fast, jump slow and create different jumping ideas together. • Apply jumping combinations into a game. • Apply the correct technique when running and dodging. • Play a variety of 1v1, 1v2 and 2v2 defending and attacking games using dodging to avoid being tagged. • Understand the consequence in a game of moving close to the defenders.
Session 4:	<p>To develop pupils' application of jumping. To explore jumping using different combinations, jumping for distance and speeds.</p> <p>To apply pupils' knowledge of how, where and why to dodge in game situations working as a team.</p>	<ul style="list-style-type: none"> • Jump, hop and leap using the correct technique (using arms, bending knees and keeping our head up) when playing games. • Jump applying a combination of different jumps. • Jump at speed and for distance, applying the correct technique • Apply the correct technique when running and dodging. • Understand the consequence in a game of moving too close to the other team. • Use our knowledge of how, where and why to dodge in game situations working as a team. • As attackers, dodge the defenders to avoid being tagged.

<p>Session 5:</p>	<p>To develop pupils' application of linking jumps together and develop jumping using different combinations, jumping for distance.</p> <p>To consolidate pupils' knowledge of how, where and why to dodge in game situations, working in teams.</p>	<ul style="list-style-type: none"> • Jump applying a combination of different jumps and the correct technique. • Hop, then step and then jump to see how far we can jump. • Compete using hop, step and jump method to score points for distance. <ul style="list-style-type: none"> • Apply the correct technique when running and dodging. • Continue to understand the consequence in a game of not moving away from the balls being rolled. • Play dodgeball, using the correct dodging technique to avoid being hit. • Play by the rules and keep score a a game. 	
<p>Session 6:</p>	<p>To bring together the suggested sequence of learning into a level 1 tournament. To apply their knowledge of jumping into competitions.</p> <p>To apply pupils' knowledge of how where and why to dodge, into a level 1 competition.</p>	<ul style="list-style-type: none"> • In teams, use the correct technique when trying to jump for speed and for distance. • Keep score of points and total them to find a winner. <ul style="list-style-type: none"> • Apply the correct technique when running and dodging. • Continue to understand the consequence in a game of not moving away from the balls being rolled. • Play a dodgeball tournament in teams. • Play by the rules and keep score. 	<p>Assessment opportunity</p>



Year 3 - Medium Term Planning - PE - Autumn 1

Football & Game Sense (Invasion)



Prior Learning Links

Pupils have applied their knowledge and understanding of dribbling, passing and receiving in order to keep possession as a team and score a point. They have developed an understanding of the consequences in a game when mistakes are made.

Pupils can move between attack and defence as the game changes. Pupils moved in to space when attacking and tag the opposition when defending. Pupils understand the consequences of breaking the rules and not applying tactics successfully. Pupils understand the difference between attack and defence.

Essential Knowledge & End Points

Pupils will develop their passing and moving and dribbling skills to outwit their opponents and keep possession of the ball. Pupils will apply an understanding of where, when and why we pass, move and dribble in order to score points against another team.

Pupils will develop their passing and moving skills to outwit their opponents and keep possession of the ball. Pupils will apply an understanding of where, when and why we pass and move, in order to score points against another team

Key Vocabulary

Attacker, defender, space, possession, freekick, penalty, dribble, control, opponent, direction,

Attacker, defender, space, possession, passing, control, shooting.

	Knowledge	As Athletes, we will...
Session 1:	<p>To introduce dribbling in order to keep control and possession of the ball. To focus on ball control and changing direction when dribbling. To develop an understanding of how to dribble the ball keeping possession to beat an opponent.</p> <p>To introduce passing and receiving in order to keep possession of the ball and to concentrate on the attacking players keeping possession.</p>	<ul style="list-style-type: none"> Adopt the correct dribbling technique (Inside and outside of the feet, heads up and keep the ball close to your feet). Learn to change direction when dribbling, keeping the ball under control. Understand why we need to keep the invisible team's score as low as possible. Learn how to dribble keeping control and possession of the ball without pressure and with pressure from a defender. Pass to their partner's target using the correct passing technique. As attackers without the ball move into a space to receive it. In teams, pass around the defender using accurate passes. Demonstrate physically and cognitively that we understand where to pass a ball and why.
Session 2:	<p>To continue to develop dribbling in order to keep control and possession of the ball and develop into keeping possession to beat an opponent. To concentrate on attackers when they are dribbling focus on ball control and changing direction when dribbling.</p> <p>To use passing and moving skills (creating space) to keep possession, developing this concept into mini game situations.</p>	<ul style="list-style-type: none"> Continue to adopt the correct dribbling technique. Continue to learn how to change direction when dribbling, keeping the ball under control. Use a change of direction/pace whilst keeping the ball under control whilst under pressure from an opponent. Begin to outwit opponents and keep possession of the ball. Pass to our partner's target. As attackers without the ball, move into a space to receive it and be ready to receive a ball. In teams, pass around the defender using accurate passes. Outwit their opponents and keep possession of the ball. demonstrate physically and cognitively that we understand where they pass a ball and why.
Session 3:	<p>To introduce passing and receiving in order to keep possession of the ball. To concentrate on being the attacking players applying the passing skill in order to keep possession. Develop an understanding of how to win the ball back (defending).</p> <p>To develop passing and moving, building up into mini games where pupils explore the transition between attack and defence.</p>	<ul style="list-style-type: none"> Continue to adopt the correct dribbling technique. Adopt the correct technique when passing (non-kicking foot beside the ball, kick with the inside of your foot). Receive and control a ball and move into space before receiving a pass. Keep possession of the ball and score a point against a defender. Outwit their opponents and keep possession of the ball. Apply an understanding of passing and moving to score points against another team. Demonstrate physically and cognitively that we understand where they pass a ball and why and see that successful attacking results in points scored.

<p>Session 4:</p>	<p>To use pupils' prior knowledge and understanding of passing and dribbling, to create space whilst keeping possession, developing this concept into mini games.</p> <p>To introduce pupils to scoring and the importance of being accurate when aiming at a target. To use prior learning to move the ball up the playing area, creating an attack that results in a scoring opportunity.</p>	<ul style="list-style-type: none"> • Continue to adopt the correct dribbling and passing technique. • In teams, keep possession of the ball and score a point against two defenders. • Identify and move into space when passing and receiving. • Demonstrate, physically and cognitively, that we understand where to pass or dribble a ball and why. • Adopt the correct technique when sending the ball. • Shoot successfully. • Understand and select an appropriate place to shoot. • Understand how to be successful and send the ball accurately 	
<p>Session 5:</p>	<p>To develop passing, moving and dribbling building up into mini game where pupils must keep possession in order to win.</p> <p>To combine passing and moving to score points against another team.</p>	<ul style="list-style-type: none"> • Continue to adopt the correct dribbling and passing technique. • Apply an understanding of passing and moving to score points against another team. • Understand the difference between attack and defence. • Play 3v3 games to demonstrate and develop the above skills. • Are pupils' shots successful? • Apply an understanding of passing and moving to score points. • Demonstrate physically and cognitively that we understand where they pass a ball and why and see that successful attacking results in points scored. 	
<p>Session 6:</p>	<p>To bring together the suggested sequence of learning into a level 1 tournament.</p> <p>To bring together the suggested sequence of learning into a level 1 tournament.</p>	<ul style="list-style-type: none"> • Apply an understanding of passing, moving and dribbling to score points against another team. • Outwit their opponents and keep possession of the ball. • Play a round robin tournament so pupils all play each other applying their knowledge and understanding throughout. • Collaborate and apply the rules of the game. • Pupils apply an understanding of passing and moving to score points against another team. • Demonstrate physically and cognitively that they understand where we pass a ball and why and see that successful attacking results in points scored. 	<p>Assessment opportunity</p>



Year 4 - Medium Term Planning - PE - Autumn 1

Football & Games Sense (Invasion)



Prior Learning Links	Essential Knowledge & End Points	Key Vocabulary
<p>Pupils have developed their passing and moving and dribbling skills to outwit their opponents and keep possession of the ball. Pupils have an understanding of where, when and why we pass, move and dribble in order to score points against another team.</p> <p>Pupils have developed their passing and moving skills to outwit their opponents and keep possession of the ball. Pupils applied an understanding of where, when and why we pass and move, in order to score points against another team.</p>	<p>Pupils will be able to apply a secure understanding of passing, moving and dribbling in order to shoot and score goals against another team. Pupils will demonstrate a growing understanding of the difference between attack and defence as well as when, where and why we execute certain skills.</p> <p>Pupils will apply a secure understanding of passing, moving and shooting whilst developing dribbling skills in order to score points against another team. Pupils will demonstrate a growing understanding of the difference between attack and defence. Pupils will know where and when to attack and when to defend.</p>	<p>Attacker, defender, transition, turning, drag back, goalkeeper, possession, dribble, pass, shoot, control.</p> <p>Attacker, defender, dribbling, space, marking, control, tactics, .</p>

	Knowledge	As Athletes, we will...
<p>Session 1:</p>	<p>To refine dribbling in order to keep control and possession of the ball and apply prior learning of how to dribble the ball keeping possession to beat an opponent.</p> <p>To see how effectively pupils can apply their passing and moving skills to keep possession and to create opportunities to score points. To apply their developing knowledge of passing and receiving into mini game situations.</p>	<ul style="list-style-type: none"> • Adopt the correct dribbling technique (Inside and outside of the feet, heads up and keep the ball close to your feet). • Dribble keeping control and possession of the ball. • Apply our understanding of dribbling the ball to score a point. • Demonstrate, physically and cognitively, that we understand where to pass or dribble a ball and why. • Can pupils pass accurately adopting the correct passing technique. • As attackers, without the ball move into a space to receive it. • Outwit our opponents and keep possession of the ball. • Apply an understanding of passing and moving to score points against another team.
<p>Session 2:</p>	<p>To explore the purpose of turning in a game of football and understand why turns can help us to keep possession.</p> <p>To develop passing and creating space as pupils apply their understanding of the transition between attack and defence. To create simple tactics for creating space and keeping possession.</p>	<ul style="list-style-type: none"> • Adopt the correct dribbling technique and change speed and direction (turn) when dribbling, even when pressure is applied. • Continue to demonstrate, physically and cognitively, that we understand where to pass or dribble a ball and why. • Understand and use the 'drag back' and 'Cruyff' turns and develop this to using them in small sided games. • As attackers without the ball, move into a space to receive it. • Outwit their opponents and keep possession of the ball? • Apply an understanding of passing and moving to score points against another team.
<p>Session 3:</p>	<p>To effectively apply their passing and moving skills to keep possession, developing this concept into mini game situations.</p> <p>To combine passing, moving and shooting to create an attack which results in a shot on target against another team.</p>	<ul style="list-style-type: none"> • Adopt the correct technique when dribbling and passing. • In teams, pass around the defender and outwit opponents to keep possession of the ball. • As attackers, move into space to receive the ball. • Play small-sided games to consolidate passing dribbling and turning. • Apply an understanding of passing and moving to score points against another team. • Apply the correct stance when shooting. • Shoot successfully and understand and select an appropriate place to shoot. • combine passing, moving and shooting to create an attack that results in a shot on target against another team.
<p>Session 4:</p>	<p>To develop passing and dribbling to create space, building up into mini games where pupils explore the transition between attack and defence.</p>	<ul style="list-style-type: none"> • Outwit opponents and keep possession of the ball and use passing and dribbling to keep possession and control of the ball. • Understand the difference between attack and defence and use this in small-sided games. • Successfully pass the ball to a team member in the endzone and defended as a team to stop attackers passing and receiving in the endzone.

	<p>To introduce dribbling in order to keep control and possession of the ball. To concentrate on the attackers and when they are dribbling and focus on ball control and changing direction.</p>	<ul style="list-style-type: none"> • Dribble keeping control and adopt the correct dribbling technique. • Change speed and direction when dribbling and turn into space and keep possession. • Change direction and/or turn when a defender applies pressure. • Understand when and where to dribble in a game situation in order to beat a defender. 	
<p>Session 5:</p>	<p>To introduce pupils to how they shoot and where they shoot from on the pitch, in order to increase their chances of scoring. To apply their prior learning of passing, moving and dribbling to move the ball up the pitch creating an attack that results in a shot.</p> <p>To learn how to defend (mark) when they are not in possession and understand why we need to defend as a team when we are not in possession to prevent attackers from scoring.</p>	<ul style="list-style-type: none"> • Adopt the correct shooting technique (inside of the foot, non-kicking foot next to the ball and leaning over the ball). • Shoot when the ball is moving and still. • Aim in the sides of the goals. • Combine passing, moving, dribbling and shooting in small-sided games. • Follow the movements of the attacker. • As a defender, mark the attacker without making contact. • Force an error with their marking and demonstrate how to mark the player with the ball. • Stop the pass in game situations. • Explore basic defensive tactics to prevent the attackers from scoring. 	
<p>Session 6:</p>	<p>To bring together the suggested sequence of learning into a level 1 tournament.</p> <p>To bring together the suggested sequence of learning into a level 1 tournament.</p>	<ul style="list-style-type: none"> • Apply an understanding of passing, moving, dribbling and shooting to score points against another team. • Play small-sided (4v4 or 5v5) games to create shooting opportunities. • Manage our own teams, thinking about who is suited to what position. • Officiate the games implementing the rules. • Apply an understanding of passing, moving and dribbling to score points against another team. • Mark their opponents when defending and use basic tactics in small games. • Work against other teams collaboratively and collaborate and apply the rules of the game. 	<p>Assessment opportunity</p>



Year 5 - Medium Term Planning - PE - Autumn 1

Football & Games Sense (Invasion)



Prior Learning Links

Pupils have applied a secure understanding of passing, moving and dribbling in order to shoot and score goals against another team. Pupils have a growing understanding of the difference between attack and defence as well as when, where and why we execute certain skills.

Pupils have applied a secure understanding of passing, moving and shooting whilst developing dribbling skills in order to score points against another team. Pupils demonstrated a growing understanding of the difference between attack and defence. Pupils know where and when to attack and when to defend.

Essential Knowledge & End Points

Pupils will pass, move, dribble and shoot accurately and consistently, switching fluidly between attack and defence as possession changes. Pupils will begin to create and apply tactics that they can then adapt depending on the situation.

Pupils will be able to pass, move, dribble and shoot accurately and consistently. They will be able to switch fluidly between attack and defence as possession changes. Pupils apply a refined understanding of passing and moving as well as an understanding basic defensive strategy and tactics.

Key Vocabulary

Tactics, marking, pressure, tackle, shadowing, turning back, space, attack, defend, transition

Tactics, transition, counter attack, pressure, man-to-man marking, intercept.

	Knowledge	As Athletes, we will...
Session 1:	<p>To refine dribbling and passing skills, combining these skills together to maintain possession.</p> <p>To develop dribbling in order to keep control and possession of the ball and apply prior learning of how to dribble the ball keeping possession to beat an opponent.</p>	<ul style="list-style-type: none"> Refine our passing and dribbling technique in small-sided games. Successfully pass the ball to a team member in the endzone and with an effort to pass and receive balls at pace. Combine passing and moving to produce an attack and create a successful shooting opportunity. Demonstrate with increasing effectiveness physically and cognitively that they understand where when and why they dribble both accurately and consistently. Explain why keeping possession and dribbling into space is important. Pupils will dribble the ball keeping possession to beat an opponent. Apply their understanding of dribbling the ball to score a point
Session 2:	<p>To learn how to defend when they are not in possession. To understand why they must win the ball back exploring basic defensive strategies and techniques to help them do so.</p> <p>To consolidate passing and receiving skills and effectively use these skills to move the ball up the playing area to create a successful shooting opportunity. To consolidate their dribbling and passing skills and apply them into game situations.</p>	<ul style="list-style-type: none"> Pressure the player with the ball successfully to slow them down. Prevent an attacker passing them by selecting and applying the correct technique or method when defending. Track back to defence when losing possession and mark players off the ball. Receive the ball at pace in space and pass and move accurately and consistently to create scoring opportunities. Keep possession for sustained periods of time. Keep fluidity in movements and accuracy in their application of skills. When possession changes, apply pressure the attacking team to regain possession. Outwit our opponents and keep possession of the ball applying effective decision-making.
Session 3:	<p>To develop defending skills; tackling, pressuring and marking. To start to apply simple defensive tactics during a game to prevent attacking opportunities.</p> <p>To develop pupils' knowledge and understanding of defending and how this is applied during a game to prevent attacking opportunities.</p>	<ul style="list-style-type: none"> Collaborate as a team to prevent the attackers from scoring. Pressure and time the tackle successfully. Follow an opponent's movements keeping close to them. Understand the term, "man-to-man marking," and when this is applied. As defenders, follow an opponent's movements keeping close to them. Apply pressure the player with the ball successfully and apply pressure by marking the player with the ball. Prevent an attacker passing them by selecting and applying the correct technique or method when defending.
Session 4:	<p>To develop the correct shooting technique, applying this into game situations. To develop their understanding of where, when and why we shoot. To apply prior learning of passing and dribbling to create an attack that results in a successful shooting opportunity.</p>	<ul style="list-style-type: none"> Develop their shooting technique when a defender applies pressure and understand where we need to shoot when shooting. Aim to draw the goalkeeper across to create space on the opposite side of the goal to shoot. Take a touch that keeps the ball moving and sets up a shot. Dribble keeping control and possession of the ball.

	<p>To refine defensive skills, applying defensive tactics during a game to prevent attacking opportunities. To develop their understanding of the transition between attack and defence, (once they regain possession of the ball, they become attackers.)</p>	<ul style="list-style-type: none"> • As defenders, follow an opponent's movements keeping close to them. • Demonstrate good pressure by marking the player with the ball preventing them from making a pass. • Switch fluidly between attacking and defending as possession changes and produce a counter attack and create a shooting opportunity. • Understand the term, "counter-attack," and when this is applied and understand the term, "transition," and when this occurs in a game. 	
<p>Session 5:</p>	<p>To refine attacking skills. To apply their prior learning of passing and dribbling to move the ball up the pitch, creating an attack that results in a successful shooting opportunity. To begin to understand the laws of football.</p> <p>To refine attacking skills. Pupils should have a clear understanding of when, where and why they apply these skills during a game.</p>	<ul style="list-style-type: none"> • Apply a refined understanding of passing, dribbling and moving to score points against another team. • Consistently select an appropriate place to shoot. • Switch fluidly between attacking and defending as possession changes. • Adapt their own tactics in order to improve their own performance. • Apply a refined understanding of passing, dribbling and moving to score points against another team. • Consistently select an appropriate place to shoot. • Pass, dribble, move and shoot accurately and consistently. • Switch fluidly between attacking and defending as possession changes and produce an attack and create a successful shooting opportunity. • Adapt their own tactics in order to improve their performance. 	
<p>Session 6:</p>	<p>To bring together the suggested sequence of learning into a level 1 tournament.</p> <p>To bring together the suggested sequence of learning into a level 1 tournament.</p>	<ul style="list-style-type: none"> • Continue to apply a refined understanding of passing, dribbling and moving to score points against another team. • Switch fluidly between attacking and defending as possession changes in a game situation. Pass, dribble, move and shoot accurately and consistently • Officiate and enforce the rules of the game. • Apply a refined understanding of passing, dribbling and moving to score points against another team. • Pass, dribble, move and shoot accurately and consistently. • Switch fluidly between attacking and defending as possession changes. • Produce an attack and create a successful shooting opportunity. • Officiate and manage the games. 	<p>Assessment opportunity</p>



Year 6 - Medium Term Planning - PE - Autumn 1

Football & Game Sense (Invasion)



<p>Prior Learning Links</p> <p>Pupils can pass, move, dribble and shoot accurately and consistently, switching fluidly between attack and defence as possession changes. Pupils begin to create and apply tactics that they can then adapt depending on the situation.</p> <p>Pupils can pass, move, dribble and shoot accurately and consistently. They can switch fluidly between attack and defence as possession changes. Pupils have applied a refined understanding of passing and moving as well as an understanding basic defensive strategy and tactics.</p>	<p>Essential Knowledge & End Points</p> <p>Pupils will apply a refined understanding of passing and moving and dribbling to score points against another team. Pupils will demonstrate resourcefulness and problem-solving skills by creating a range of attacking and defending tactics, applying these to their games.</p> <p>Pupils will apply a refined understanding of attacking skills to score points against another team, and defensive skills to regain possession. Pupils will demonstrate resourcefulness and reflective skills as they create a range of attacking and defending tactics, applying these to their games.</p>	<p>Key Vocabulary</p> <p>Tactics, transition, counter attack, referee, through ball, man to man marking, turn, dribble, pass, shoot, possession.</p> <p>Tactics, transition, counter attack, pressure, man-to-man marking, intercept, officiate, referee,</p>
<p>Knowledge</p>		<p>As Athletes, we will...</p>
<p>Session 1:</p>	<p>to consolidate pupils' ability to use passing, dribbling and moving skills to keep possession and score.</p> <p>To consolidate pupils' understanding and application of attacking skills into game play. To effectively pass and dribble to move the ball forwards and create successful shooting opportunities.</p>	<ul style="list-style-type: none"> Apply a refined understanding of passing, dribbling and moving to score points against another team. Outwit opponents and keep possession of the ball applying effective decision making. Receive the ball at pace in space and keep possession for a sustained period of time. Demonstrate with increasing effectiveness physically and cognitively that we understand where to pass and dribble and why. Apply a refined understanding of passing and moving to score points against another team. Keep possession for sustained periods of time. Pass, move and shoot accurately and consistently. Switch fluidly between attacking and defending as possession changes. Produce an attack and create a successful shooting opportunity. Understand the roles of playing in different positions.
<p>Session 2:</p>	<p>To consolidate pupils' understanding of the rules (laws) of the game and how they can apply this knowledge to play in mini games. To apply their prior learning of passing, dribbling, turning and moving, to move the ball up the pitch, creating an attack that results in a successful shot.</p> <p>To consolidate pupils' understanding and application of their defensive skills into game play. To consolidate their defensive skills to prevent the attackers from scoring and forcing a change in possession.</p>	<ul style="list-style-type: none"> Understand the rules of the game and officiate them fairly. Apply a refined understanding of passing, dribbling and moving to score points against another team. Outwit opponents and keep possession of the ball applying effective decision making. Follow an opponent's movements keeping close to them. Demonstrate good pressure by marking the player with the ball preventing them from making a pass. Apply pressure by marking the player with the ball? Execute their tactics and win possession back? Understand the term, "man-to-man," marking and when this is applied.
<p>Session 3:</p>	<p>To ensure pupils understand that they are defending as soon as they lose possession of the ball. To refine their knowledge and understanding of defending and how different tactics can be applied during a game to prevent attacking opportunities.</p> <p>To ensure pupils understand that they are 'attacking' as soon as their team gains possession. To work in teams to create tactics to outwit their opponent and create successful attacks, resulting in goals/points being scored.</p>	<ul style="list-style-type: none"> Understand why we need to apply pressure onto an attacker to slow them down Work together when defending to stop an attack Understand the term, "man-to-man marking," and when this is applied and mark players off the ball. Officiate the games and apply the rules of the game. Carry out and understand their attacking tactics. Apply a refined understanding of passing and moving to score points against another team. Pass, dribble, move and shoot accurately and consistently. Understand role of each position. Identify strengths and weaknesses in their team and help their team to improve.

<p>Session 4:</p>	<p>To consolidate pupils' understanding of attacking and defensive tactics. To create, organise and apply formations when defending and attacking into game situations and manage their team.</p> <p>To ensure pupils understand that they are 'defending' as soon as their team loses possession. To understand that they need to react instantly when they lose possession (transition from attackers to defenders) and that their role changes.</p>	<ul style="list-style-type: none"> • Manage our own teams selecting who is best suited to certain roles. • Demonstrate effective attacking skills i.e. passing, creating space. • Prevent an attacker passing us, by selecting and applying the correct technique or method when defending. • Can pupils carry and understand their defensive tactics. • Follow an opponent's movements keeping close to them. • Demonstrate good pressure by marking the player with the ball preventing them from making a pass. • Stop the pass by applying effective marking. • Identify strengths and weaknesses in their team and help their team to improve. 	
<p>Session 5:</p>	<p>To consolidate pupils' understanding of attacking and defensive tactics. To create, organise and apply formations when defending and attacking into game situations and manage their team.</p> <p>To extend and challenge pupils' tactical application into different situations that occur within the game. To use 'powers' that they can apply during a game and learn how to adapt to those powers when defending.</p>	<ul style="list-style-type: none"> • Manage our own teams selecting who is best suited to certain roles and communicate positively to our team and give instructions when appropriate • Demonstrate effective attacking skills i.e. passing, creating space. • Prevent an attacker passing us, by selecting and applying the correct technique or method when defending. • Apply a refined understanding of passing, dribbling and moving to score points against another team. • Consistently select an appropriate place to shoot. • Pass, dribble, move and shoot accurately and consistently and switch fluidly between attacking and defending as possession changes • Produce an attack and create a successful shooting opportunity. • Effectively execute their 'power' and adapt defensively against powers being used. 	
<p>Session 6:</p>	<p>To bring together the suggested sequence of learning into a level 1 tournament.</p> <p>To bring together the suggested sequence of learning into a level 1 tournament.</p>	<ul style="list-style-type: none"> • Apply a refined understanding of passing, dribbling and moving to score goals against another team. • Switch fluidly between attacking and defending as possession changes. • Manage and officiate games and officiate by applying the rules accurately. • Apply a refined understanding of passing, dribbling and moving to score points against another team. • Pass, dribble, move and shoot accurately and consistently. • Switch fluidly between attacking and defending as possession changes. • Produce an attack and create a successful shooting opportunity. • Officiate the games and manage our teams. 	<p>Assessment opportunity</p>